

December 6, 2023

To: Benefit Administrators / Human Resource Personnel

From: Lorne Shiplack
Director Benefit Services, Employee Benefits

Re: Athletic Therapist Services Now Eligible Under Physiotherapy Coverage
Employee Benefit Plans

Effective January 1, 2024, the Employee Benefit Plans Board of Trustees approved adding coverage for athletic therapists to plan members' existing \$400 per year per insured person physiotherapy coverage maximum under the Extended Health Care and Dental Plan.

Athletic therapists are registered members of the Canadian Athletic Therapists Association (CATA). Athletic therapists are focused mostly on musculoskeletal disorders; however, they are trained to treat a wide range of patients. The types of patients that would work with an athletic therapist are ones suffering from chronic pain, experiencing aches and pains with their daily activities, and those having concussion symptoms or recovering from accidents or surgeries.

3sHealth will update the Extended Health Care and Dental Plan booklets to reflect this change. The new booklets will be available on the 3sHealth website. In addition, 3sHealth will post a story on 3sHealth.ca promoting the addition of athletic therapists under the existing physiotherapy coverage.

If you have any questions about this bulletin, please call a 3sHealth Benefit Services Officer at 1.866.278.2301 or email ebp@3sHealth.ca.