

BOWEL CARE RECORD

*Treatments (record on 1st column of shift)

*Size and *Type (record on 2nd column of shift)

*See reverse side for keys

MONTH _____ YEAR _____										MONTH _____ YEAR _____													
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Key:

× None

Size		Treatment			
Small (S):	Less than ½ cup (125 mL)	Glyc:	Glycerin suppository	F:	Fleet Enema
Medium (M):	½ - 1 cup (125-250 mL)	Dulc:	Dulcolax suppository	Man:	Manual
Large (L):	Greater than 1 cup (250 mL)	E:	Enema	O:	Oral Laxative

Bristol Stool Chart

Type 1		Separate lumps, like nuts (hard to pass)
Type 2		Sausage-shaped but lumpy
Type 3		Like a sausage but with cracks on the surface
Type 4		Like a sausage or snake, smooth and soft
Type 5		Soft lumps with clear-cut edges
Type 6		Fluffy pieces with ragged edges, a mushy stool
Type 7		Watery, no solid pieces. Entirely Liquid

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