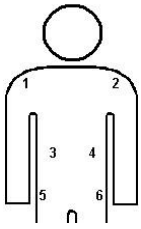
DIABETES RECORD



Ideal targets for glycemic control*†
(as recommended by Canadian Diabetes Association)
Used with permission from Can J Diabetes. 2013;37(suppl 1):S31
A1C – glycosylated hemoglobin
FPG – fasting plasma glucose
PG – plasma glucose

	A1C (%)	FPG/preprandial PG (mmol/L)	2 hr postprandial PG (mmol/L)
Target for most patients	≤ 7.0	4.0-7.0	5.0-10.0

*Treatment targets must be tailored to the patient with consideration given to individual risk factors.
†Glycemic targets differ for pregnant women and children ≤ 12 years of age.

DATE	TIME	BLOOD GLUCOSE			INSULIN					COMMENTS AND ID
		Meter Results (mmol/L)	ID	Lab Results *(specify)* (mmol/L)	Time	Type	Units	Site	ID	

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