

Lifestyle Spending Account

changes are coming



Check the new list of eligible items before you buy

The Out-Of-Scope Flexible Spending Plan is part of your total compensation package from your employer. The purpose of the plan is to support your personal health and wellness by reimbursing you for related expenses.

On January 1, 2018, the Employee Benefit Plans will adopt the Public Service Commission's list of eligible expenses for lifestyle claims reimbursement. By using the Public Service Commission's list, we will ensure fairness and consistency across all public service employees in Saskatchewan.

Please consult the list of eligible items on the reverse side before you make a purchase. Some expenses that were previously eligible under the Lifestyle Spending Account will no longer be eligible. The list is also available at www.cs.gov.sk.ca/1205FlexExamples.

Lifestyle Spending Account

Some examples of eligible and ineligible items

Eligible

Financial Products and Services

- RRSPs (including spousal)
- Professional financial advice
- Costs incurred to prepare a will
- Student line of credit
- Tax-sheltered GICs
- Tax-Free Savings Accounts

Physical Activities

- League fees (e.g. curling, bowling, ball, hockey)
- Memberships and multi-visit passes (e.g. gym—including family memberships and locker fees—golf, yoga)
- Professional fitness counselling
- Athletic programs and lessons running for at least six weeks
- Consultations with a trainer or nutritionist
- Fees for weight loss management programs

Equipment

- Athletic footwear (e.g. running shoes, skates, skis and ski boots)
- Athletic or fitness equipment (e.g. treadmills, bicycles, tennis racquets)
- Work-out/exercise tapes
- Trampolines
- Kayaks and canoes
- Gym locker associated with a membership
- Hiking boots

Not Eligible

Financial Products and Services

- RESPs
- Other investments

Physical Activities

- Memberships for family members
- Individual fitness classes or rounds of golf
- Food of any kind
- Spa treatments
- Travel and accommodation
- Nutrition supplements (e.g. power bars, energy drinks, vitamins, steroids)
- Healthcare costs of any kind (e.g. vaccinations)
- Marathon fees

Equipment

- Clothing
- Equipment, registration, or licensing for hunting (e.g. firearms, knives, bows and arrows)
- Motorized vehicles (e.g. motorbikes, ATVs, watercraft)
- Camping gear and fees
- Fishing fees and equipment
- Video games and consoles (e.g. Nintendo Wii)
- Work-out/exercise books
- Accessories not required to perform the physical activity (e.g. pedometers, iPods, MP3 players, fitness trackers - Fitbit)
- Jogging strollers
- Bicycle racks
- Orthotic shoe inserts